



THE WORLD'S MOST POWERFUL
SCIENCE-BACKED INGREDIENT.

KETONE LABS STUDIES

WEIGHT LOSS CLAIMS	DOSE	CLAIM	REFERENCE
	10 grams/d	goBHB supports weight loss	1
	8 grams/2 grams MCT	goBHB supports weight loss	2
	2 grams/8 grams MCT	goBHB supports weight loss	2
LOWERING INSULIN CLAIMS	DOSE	CLAIM	REFERENCE
	10 grams/d	goBHB supports lowering insulin	1
FAT LOSS CLAIMS	DOSE	CLAIM	REFERENCE
	10 grams/d	goBHB supports lowering fat	1
LEAN TO FAT RATIO CLAIMS	DOSE	CLAIM	REFERENCE
	10 grams/d	goBHB supports lowering lean to fat ratio	1
HIP CIRCUMFERENCE CLAIMS	DOSE	CLAIM	REFERENCE
	10 grams/d	goBHB supports lowering hip circumference	1
TOTAL CHOLESTEROL CLAIMS	DOSE	CLAIM	REFERENCE
	10 grams/d	goBHB supports lowering total cholesterol	1
LDL CHOLESTEROL CLAIMS	DOSE	CLAIM	REFERENCE
	10 grams/d	goBHB supports lowering LDL cholesterol	1
REACTION TIME CLAIMS	DOSE	CLAIM	REFERENCE
	8 grams/2 grams MCT	goBHB supports increasing brain speed, brain function	2
	2 grams/8 grams MCT	goBHB supports increasing brain speed, brain function	2
ANXIETY HEALTH CLAIM	DOSE	CLAIM	REFERENCE
	8 grams/2 grams MCT	goBHB supports decreasing stress and anxiety	2
	2 grams/8 grams MCT	goBHB supports decreasing stress and anxiety	2



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